

Diverse Move



summer series

we've been active this summer!

**Summer of Sports united young adults and
fueled their growing passion for physical activity.**



thank you to everyone who participated!

our summer of sports included:

- Alex Iwobi's 2024 Project 17 2024 cup
- Epping Forest Hike
- Go for Gold Sports Day



A group of diverse young athletes, mostly Black and Hispanic, are gathered around a large, ornate silver trophy. They are all smiling and cheering, with some reaching out to touch the trophy. The background is a blurred outdoor setting with trees and a fence. The overall mood is one of triumph and unity.

Diverse Move

autumn and winter series



**move with Divrse this
Autumn and Winter...**

**as summer fades, we're gearing
up for our Autumn and Winter
series. our AW of Sports is all
about indoor adventures and
community spirit.**

our approach:

A man with a beard and short hair, wearing a black tank top and dark shorts, is climbing a rock wall. He is using his hands and feet to grip the colorful rock holds. The wall is made of concrete and has several holds of different shapes and colors, including red, blue, and yellow. The man is looking up at the wall, and his body is angled towards the right. The background is a plain, light-colored wall.

expanding horizons: new, high energy sports that are challenging and exciting.

supporting mental health: as the days get shorter, we're committed to creating spaces that uplift well-being

championing community: ensuring every event is accessible and celebrates the diversity of our community



**our AW Series
will include:**

- **rollerskating**
- **rock climbing**
- **tennis**
- **pilates**
- **padel & more!**

**join the community -
get active and make
memories that'll last!**

link in bio!

